

Facilitator Guide

Class 1: Becoming a Leader



Class 1

Becoming a Leader











Objectives

- Define qualities of successful leadership
- Understand how to develop leadership qualities in themselves
- Define and identify community connections

Materials Needed

- Post-it notes
- Student workbooks (electronic or hard copy depending on the student's need)



Icon Legend		Allow extra time for people who use augmentative communication		Walk around and make sure participants are prepared to share. Provide support if needed
		Encourage participants to speak for themselves, but utilize support from a peer or support person as needed for success		Use speech to text technology (and other Assistive Technology) as needed for writing
		Read the slide out loud		Provide support to share answers and ideas
		Project the discussion questions on the slide show for all to read and leave them up during the discussion		Give the choice to write or draw
		Make sure there is someone available to scribe for those who need support writing		Use the scaffolding structure

Class 1

Becoming a Leader

Slide #1

Time Estimation: 10 min

Welcome students and share that we are gathered to think about the main ideas that will be our focus for the time we spend together. These include: self advocacy, using your voice, disability pride, setting goals, and developing leadership.

Depending on the size of the group you may want to have people introduce themselves to the people at their table or to the whole group. Either way have the participants share their name and something about themselves.

Class 1
Defining Leadership

Welcome

speakup

Through the Speak Up Class we provide the language, knowledge and tools to ensure that you will have a powerful voice in leading your own Person-Driven Plan and are not afraid to confront, to listen, and to see new possibilities for your future.

Slide #2

Time Estimation: 10 min

Tell the group that you are going to start to talk about how to become a leader and to look at the qualities of leaders.

Let them know that they will watch a 4-minute video where a young woman will talk about what she wants in her life. After the video there will be time to talk about it in their groups. Review the questions ahead of time so they know what to listen for.

Play the video.

After the video review the questions and leave them posted. Allow time for the groups to talk. Walk around and listen in to the conversations.

After participants have had time to talk in their small groups bring them back together as a whole group and debrief. Ask for people to share their thoughts, reactions, and what was discussed with the whole group.

We Are Here to Learn to Lead Our Own Lives

In your groups please talk about the following:

- How is Megan leading her life?
- What does she need to do that?
- Who helped her?

Thank you for inviting me to speak today.

Link to video: <https://www.youtube.com/watch?v=rW3J2B4eo>

speakup

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Slides #6-7

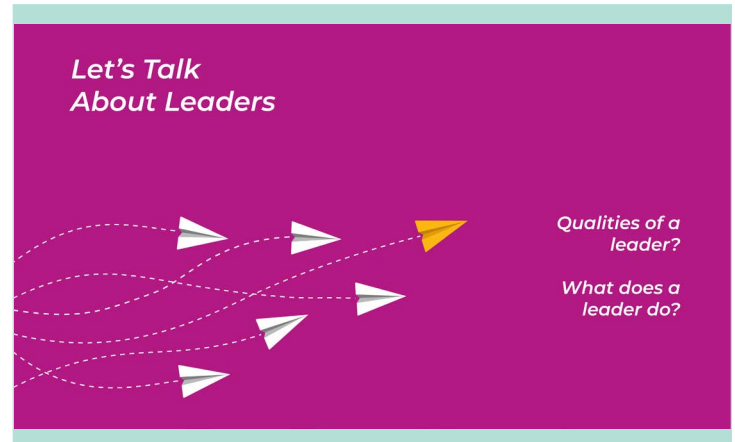
Time Estimation: 15 min

Using the connection to leadership from the previous discussion tell the group that today we will be talking about what makes a leader and how we might be leaders

Ask them to open their workbooks to page 2 and work individually or with a partner to answer the questions. Read the questions aloud so everyone has a chance to hear them and start to think.

Ask them to share at their table as they finish. Walk around and talk to participants as they are working.

Let's Talk About Leaders



Qualities of a leader?

What does a leader do?

Complete your Brainstorm:

Defining Leadership

- Brainstorm the qualities of a leader.
- What is a leader?
- How am I a leader?



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Slides #8-10

Time Estimation: 5 min

Using slides 8-10 discuss the many ways leaders show up in our world. As you share the pictures ask them some of the following questions:

- What makes this person a leader
- What leadership qualities do you see in this person?
- Are there any other leaders you look up to or like to learn from?

There are many types of leaders



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Slide #11

Time Estimation: 20 min

After looking at many well known leaders and the roles of leaders in our community ask participants to start to think about themselves as leaders.

Ask them to open their workbooks to page 3 and spend some time thinking about how they lead their own life and have a voice for themselves.

Have participants share at their tables and share out with the whole class.

Show the video example and ask students to talk about how they see the person leading their life.

Slides #12-13

Time Estimation: 15 min

Share the idea that leaders rely on others and are often connected to a community of people who support their work in their own life and in their community.

Ask them to share at their table who makes up their community.

Ask participants to open their workbook to page 4 and record people and places in their community that are helpful to them.

Ask the group to share any key ideas they came up with.



Seeing Myself as a Leader

What does it mean for a person to stand up for themselves?

When is it important to stand up for yourself?

When do I stay quiet and let things go?

12 speakup

This slide features a teal background with a white thought bubble icon in the top right. A circular image of a woman shouting into a megaphone is on the left. Three circular icons at the bottom represent a notepad, a clock, and a hand holding a pen.



In Order to Lead We Need Others

What/who makes up your community?

Share with your neighbor who and what makes up your community.

12 speakup

This slide has a white background with a teal thought bubble icon in the top right. It includes several circular images: a family sitting together, hands holding a red object, and a group of people. A teal circle is in the bottom left corner.



Considering my Community

What/Who do you want in your community?

What or who is helpful in your community?

13 speakup

This slide has a white background with a teal thought bubble icon in the top right. It features a large circular image of hands holding a red object, with teal and yellow circles overlaid. A teal circle is in the bottom left corner.

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Slide #14

Time Estimation: 10 min

Ask them to talk about key ideas that were discussed today and record them in their workbook. Let them know they can write anything they want to remember.

Big Ideas From Today

What Do I Want to Remember?

Write at least three big ideas in your workbook.

Add details that will help you remember important information.

14 ● speakup

Slide #15

Time Estimation: 5 min

Ask participants to think of a word that describes class or describes how they feel. Let them know that this is a silent activity and that they will only speak the one word they have come up with when it is their turn.

Choose a place to start in the room and begin when the room is quiet. Point to each participant and ask them to say their word when you point to them.

After the activity is over, thank everyone for being there. Let them know the day and time for the next class and remind them how they can access the materials online.

*Before the In a Word activity make sure everyone has a word and assist people in choosing if they need support. You could provide them with two choices and ask them to choose one.

In a Word

Think of a word that describes today!

Pass if you need to

I am the boss of my own life.

Slide #16

Resources

Image Credits for Slideshow

Resources

Image Credit for Slideshow:

Martin Luther King: Creator: Julian Wasser | Credit: Time & Life Pictures/Getty Image
Alexandria Ocasio-Cortez: Franmarie Metzler, U.S. House Office of Photography
Franklin D. Roosevelt: Photo by © CORBIS/Corbis via Getty Images
Steve Jobs: Photos By Norman Seeff And Albert Watson
Malala Yousafzai: Creator: Christopher Furlong | Credit: Getty Images
Tarana Burke: Creator: Nyra Lang
Frida Kahlo: Imogen Cunningham Trust
Stevie Wonder: RB/redferns

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