Facilitator Guide

Class 5: Creating Goals





Objectives

- Write self driven goals that lead to a self driven life
- Identify and plan who can help achieve these goals





· Student workbooks (electronic or hard copy depending on the student's need)

Icon Legend		Allow extra time for people who use augmentative communication		Walk around and make sure participants are prepared to share. Provide support if needed
	0 <u>00</u> Ø:Ø:	Encourage participants to speak for themself, but utilize support from a peer or support person as needed for success	(E)	Use speech to text technology (and other Assistive Technology) as needed for writing
	(S)	Read the slide out loud		Provide support to share answers and ideas
		Project the discussion questions on the slide show for all to read and leave them up during the discussion	(M)	Give the choice to write or draw
		Make sure there is someone available to scribe for those who need support writing		Use a scaffolding structure*

Slide #2

Time Estimation: 10 min

Ask participants to open their workbook to the big idea page from last week. Ask them to review what they wrote and share with people at their table.



Slide #3

Time Estimation: 10 min

Share with participants that they will be looking to create personal goals during class today. Let them know that they will be writing 3 goals and creating a personal vision board.

Let them know that they are going to watch a short video where a woman shares some of her interests and desires. Ask them to think about what this woman's goals might be.



Slide #4

Time Estimation: 10 min

After the video, ask participants to talk at their table about what this woman's goals might be.

Ask them to share whole group.



Slide #5

Time Estimation: 10 min

Participants will now spend some time talking with each other about their past experiences in setting goals.

Read the questions on slide 5 out loud and have them talk as a whole group or in small groups.



Slide #6

Time Estimation: 5 min

Share Ashley's goals. Let them know that these goals are personal to them and should be about creating the life they want.



Slide #7

Time Estimation: 15 min

Share slide 7 and talk about how goals can be from many different areas of our life.

Read and talk about all of the different areas that are listed on slide 7.

Ask participants if they have any questions.

Ask them to write 3 goals in their workbook (on page 23) that they have for themselves.



Slide #8

Time Estimation: 10 min

Ask participants to share their goals with the people around them.



Slide #9

Time Estimation: 5 min

Ask participants if they have ever made a vision board or seen a vision board.

Share that a vision board is a way of making your goals come to life with the use of pictures and it is a way to stay focused on achieving what you want.

Let them know they will be creating a vision board using their computer or materials that the facilitator has brought.



Slide #10

Time Estimation: 35 min

Give detailed directions on how to create their vision board. These directions will change based on whether you will be doing the vision board using hands on materials or if you are using the computer.

Directions for using Google Slides have been provided.

Let them know they have 30 minutes to create their vision board. Make sure to help as needed.

Slide #11

Time Estimation: 10 min

Ask them to share their vision boards. Let them know they can put this up in their home somewhere they can see it everyday. This can help them to stay focused and excited about their dreams.

Creating a Vision Board Using Google Slides

- 1. Take a look at your goals
- 2. Think of a couple of pictures that might represent your goal
- 3. Start a slideshow in your google drive
- 4. Title is your name and Goals
- 5. Go to Google and type in the name of the picture that you might want to choose to represent your goal
- 6. Click on images

- 7. Choose your picture
- 8. Right click on that picture and choose copy image
- 9. Go to your slide show and paste your image into a google slide
- 10. Do this for every goal you have
- You can make one slide per goal or put all of your images on one slideyour choice
- 12.Write at least one word to describe and inspire you for each picture

■ speak**up**









Share Your Goals and Dream Boards 🐉 with your Table:

Please give comments and suggestions to your tablemates as they share.

Take notes as you listen.

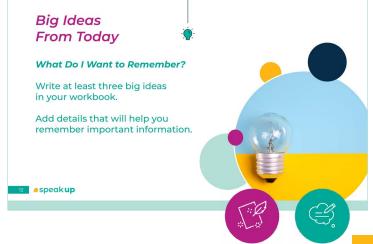


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Slide #12

Time Estimation: 5 min

Ask them to talk about key ideas that were discussed today and record them in their workbook. Let them know they can write anything they want to remember



speakup