

Class 2

*Self-Advocacy and the
Meaning of Language*

Welcome



 **Speak up**

Through the Speak Up Class we provide the language, knowledge and tools to ensure that you will have a powerful voice in leading your own Person-Driven Plan and are not afraid to confront, to listen, and to see new possibilities for your future.

A *Self-Advocate* *is* _____.



Recap: Last Week's Big Ideas

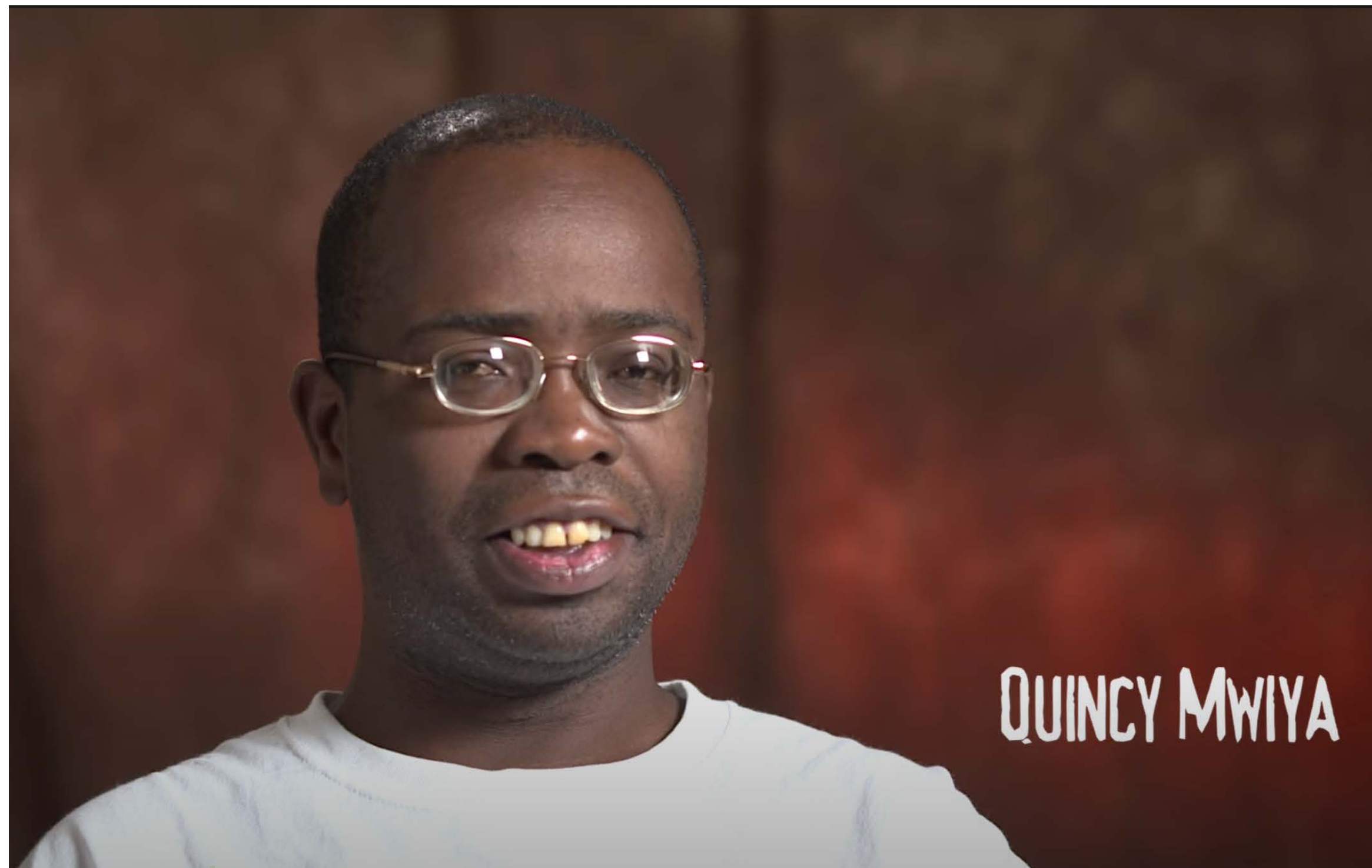


Open your workbook to the big ideas you wanted to remember from last week.

Take a moment to reflect and talk to those around you.



Defining Self-Advocacy



Video Link: https://www.youtube.com/watch?v=sOX3LWUD2_g&feature=emb_logo

Self-Advocacy is:

- Rooted in the Civil Rights Movement
- Speaking up for what you think is important
- Developing a strong voice to guide your life
- Taking risks
- Making your own decisions
- Asking others to support your dreams
- Problem solving

Brainstorm



Please list all of the ways you advocate for yourself:

- When have you had to tell someone that you don't want to do something?
- Have you ever had to share what you really want in your life for a job or activity? Please describe this.
- In what other ways have you advocated for yourself?



*Let's Talk
Language*





Let's Talk Language



Video Link: <https://youtu.be/SMKKze48Qbo>

One way to advocate for yourself is to choose how you would like people to refer to you.

At your table please discuss:

IDENTITY FIRST

I am disabled.

I am autistic.

I am female.

I am awesome.

PERSON FIRST

I am a person with a disability.

I am a person who has autism.

I am a person with femaleness.

I am a person with awesomeness.

Complete your brainstorm:



What do you think about choosing between Person-First Language and Identity-First Language?

Do you identify with either of these?

How do you want people to refer to you?



Watch This and Relate it to the Ideas of Today



**How is Shane a self-advocate?
What drives him and helps
him achieve his goals?**

Video Link: https://www.youtube.com/watch?v=M7Cda2sVoKI&feature=emb_logo

Big Ideas From Today



What Do I Want to Remember?

Write at least three big ideas
in your workbook.

Add details that will help you
remember important information.

