

Participant Workbook

Class 1: Becoming a Leader



Class 1

Defining Leadership

Brainstorm the qualities of a leader:



What does a leader do?

How am I a leader?



Class 1

Leading my own life

How do I currently lead my life and/or stand up for myself?



When is it most important for me to stand up for myself and lead?

When do I stay quiet and let things go?

Class 1

Considering My Community

What and/or who makes up your community?



What and/or who do you want in your community?

What and/or who is helpful in your community?

Class 1

Big Ideas

What Do I Want to Remember?

1.

2.

3.



In a word. Think of a word that describes today!

Details to help me remember: